

Read Book The Spirit Level Why More Equal Societies Almost Always Do Better Richard G Wilkinson

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Delusion
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The Health Gap
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Closing the Gap in a Generation

The Almost Nearly Perfect People

A study in the collision between Western medicine and the beliefs of a traditional

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culture focuses on a hospitalized child of Laotian immigrants whose belief that illness is a spiritual matter comes into conflict with doctors' methods.

The Spirit Level

'They'll follow you home breathe down your phone at night a prime target for every psychotic grinder of the dark satanic mills that ever sacrificed a chicken' Diocesan Exorcist: a job viewed by the Church of England with such extreme suspicion that they changed the name. It's Deliverance Consultant now. Still, it seems, no job for a woman. But when the Bishop offers it to Merrily Watkins, parish priest and single mum, she's in no position to refuse. It starts badly for Merrily and gets no easier. As an early winter slices through the old city of Hereford, a body is found in the River Wye, an ancient church is desecrated and signs of evil appear in the cathedral itself, where the tomb of a medieval saint lies in pieces.

The Strange Order of Things

It is common knowledge that, in rich societies, the poor have worse health and suffer more from almost every social problem. This book explains why inequality is the most serious problem societies face today.

The Spirit Level

The Inner Level

Acts is the sequel to Luke's gospel and tells the story of Jesus's followers during the 30 years after his death. It describes how the 12 apostles, formerly Jesus's disciples, spread the message of Christianity throughout the Mediterranean against a background of persecution. With an introduction by P.D. James

Phenomenology of Spirit

In *The Spirit of Praise*, Monique Ingalls and Amos Yong bring together a multidisciplinary, scholarly exploration of music and worship in global pentecostal-charismatic Christianity at the beginning of the twenty-first century. *The Spirit of Praise* contends that gaining a full understanding of this influential religious movement requires close listening to its songs and careful attention to its patterns of worship. The essays in this volume place ethnomusicological, theological, historical, and sociological perspectives into dialogue. By engaging with these disciplines and exploring themes of interconnection, interface, and identity within musical and ritual practices, the essays illuminate larger social processes such as

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globalization, sacralization, and secularization, as well as the role of religion in social and cultural change. Aside from the editors, the contributors are Peter Althouse, Will Boone, Mark Evans, Ryan R. Gladwin, Birgitta J. Johnson, Jean Ngoya Kidula, Miranda Klaver, Andrew Mall, Kimberly Jenkins Marshall, Andrew M. McCoy, Martijn Oosterbaan, Dave Perkins, Wen Reagan, Tanya Riches, Michael Webb, and Michael Wilkinson.

Traces of the Spirit

It is common knowledge that, in rich societies, the poor have worse health and suffer more from almost every social problem. This book explains why inequality is the most serious problem societies face today.

Why Some Politicians Are More Dangerous Than Others

Judge Jeanine Pirro, author of two New York Times bestsellers, exposes the lies and distortions of the president's enemies. It's been nearly four years since President Trump took office, and Judge Jeanine Pirro has had enough of the left's countless lies and false accusations. She is now forced to ask: How could anyone vote against President Trump this November? What more could you possibly want? In *Don't Lie to Me*, Judge Jeanine brings her signature writing style and acute legal

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mind to topics such as the impeachment inquiry, the military, and the road to the 2020 presidential election. She will highlight President Trump's triumphs and his strength during the coronavirus crisis.

Methodism

The greatest minds in science are about to be illegally recreated-and Cat Grayson must stop it. A cutting-edge thriller that blends science fiction, mystery and heartpounding action.

The Impact of Inequality

Social justice is a matter of life and death. It affects the way people live, their consequent chance of illness, and their risk of premature death. We watch in wonder as life expectancy and good health continue to increase in parts of the world and in alarm as they fail to improve in others.

Health and Inequality

Why do we mistrust people more in the UK than in Japan? Why do Americans have higher rates of teenage pregnancy than the French? What makes the Swedish

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thinner than the Greeks? The answer: inequality. This groundbreaking book, based on years of research, provides hard evidence to show: - How almost everything - from life expectancy to depression levels, violence to illiteracy - is affected not by how wealthy a society is, but how equal it is - That societies with a bigger gap between rich and poor are bad for everyone in them - including the well-off - How we can find positive solutions and move towards a happier, fairer future Urgent, provocative and genuinely uplifting, The Spirit Level has been heralded as providing a new way of thinking about ourselves and our communities, and could change the way you see the world.

Don't Lie to Me

There is a paradox at the heart of our lives. We all want more money, but as societies become richer, they do not become happier. This is not speculation: It's the story told by countless pieces of scientific research. We now have sophisticated ways of measuring how happy people are, and all the evidence shows that on average people have grown no happier in the last fifty years, even as average incomes have more than doubled. The central question the great economist Richard Layard asks in Happiness is this: If we really wanted to be happier, what would we do differently? First we'd have to see clearly what conditions generate happiness and then bend all our efforts toward producing them. That is what this book is about-the causes of happiness and the means we have to effect it. Until

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recently there was too little evidence to give a good answer to this essential question, but, Layard shows us, thanks to the integrated insights of psychology, sociology, applied economics, and other fields, we can now reach some firm conclusions, conclusions that will surprise you. Happiness is an illuminating road map, grounded in hard research, to a better, happier life for us all.

The Spirit Level

In *The Spirit Level*, as ever with Seamus Heaney, personal memory and humble domestic objects -- a whitewash brush, a sofa, a swing -- are endowed with talismanic significance, and throughout the collection he addresses his growing concerns, which inevitably include the political situation in his native Northern Ireland, in a poetry that never ceases to be fluid, alert, and completely truthful.

The Spirit Level

Inequality and poverty have returned with a vengeance in recent decades. To reduce them, we need fresh ideas that move beyond taxes on the wealthy. Anthony B. Atkinson offers ambitious new policies in technology, employment, social security, sharing of capital, and taxation, and he defends them against the common arguments and excuses for inaction.

The Globalization of Addiction

wide criticism both from Western and Eastern scholars.

The Long and the Short of It (International edition)

'Splendid and necessary' - Henry Marsh, author of *Do No Harm*, *New Statesman*
There are dramatic differences in health between countries and within countries. But this is not a simple matter of rich and poor. A poor man in Glasgow is rich compared to the average Indian, but the Glaswegian's life expectancy is 8 years shorter. The Indian is dying of infectious disease linked to his poverty; the Glaswegian of violent death, suicide, heart disease linked to a rich country's version of disadvantage. In all countries, people at relative social disadvantage suffer health disadvantage, dramatically so. Within countries, the higher the social status of individuals the better is their health. These health inequalities defy usual explanations. Conventional approaches to improving health have emphasised access to technical solutions - improved medical care, sanitation, and control of disease vectors; or behaviours - smoking, drinking - obesity, linked to diabetes, heart disease and cancer. These approaches only go so far. Creating the conditions for people to lead flourishing lives, and thus empowering individuals and communities, is key to reduction of health inequalities. In addition to the scale of

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material success, your position in the social hierarchy also directly affects your health, the higher you are on the social scale, the longer you will live and the better your health will be. As people change rank, so their health risk changes. What makes these health inequalities unjust is that evidence from round the world shows we know what to do to make them smaller. This new evidence is compelling. It has the potential to change radically the way we think about health, and indeed society.

Walking in the Spirit

NAMED THE #1 BEST BOOK OF THE YEAR BY THE CHRISTIAN SCIENCE MONITOR, A WITTY, INFORMATIVE, AND POPULAR TRAVELOGUE ABOUT THE SCANDINAVIAN COUNTRIES AND HOW THEY MAY NOT BE AS HAPPY OR AS PERFECT AS WE ASSUME Journalist Michael Booth has lived among the Scandinavians for more than ten years, and he has grown increasingly frustrated with the rose-tinted view of this part of the world offered up by the Western media. In this timely book he leaves his adopted home of Denmark and embarks on a journey through all five of the Nordic countries to discover who these curious tribes are, the secrets of their success, and, most intriguing of all, what they think of one another. Why are the Danes so happy, despite having the highest taxes? Do the Finns really have the best education system? Are the Icelanders as feral as they sometimes appear? How are the Norwegians spending their fantastic oil wealth? And why do all of

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them hate the Swedes? In *The Almost Nearly Perfect People* Michael Booth explains who the Scandinavians are, how they differ and why, and what their quirks and foibles are, and he explores why these societies have become so successful and models for the world. Along the way a more nuanced, often darker picture emerges of a region plagued by taboos, characterized by suffocating parochialism, and populated by extremists of various shades. They may very well be almost nearly perfect, but it isn't easy being Scandinavian.

The Broken Ladder

In *Ruling the Spirit*, Claire Taylor Jones revises the narrative of women's involvement in the German Dominican order arguing that Dominican women did not lose their piety and literacy in the fifteenth century, as is commonly believed but, instead, were encouraged to reframe their practice around the observance of the Divine Office.

The Freedom to Read

This eye-opening UK bestseller shows how one single factor--the gap between its richest and poorest members--can determine the health and well-being of a society. The authors also outline a new political outlook in which a shift from self-

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interested consu

Ruling the Spirit

“Kitty O’Meara...offers us wisdom that can help during the COVID-19 pandemic and beyond. She is challenging us to grow.”—Deepak Chopra, MD, author, Metahuman
“Kitty O’Meara is the poet laureate of the pandemic”—O, The Oprah Magazine “An eloquent, heartwarming reflection that will resonate with generations to come... encouragement for a brighter tomorrow.”—Kate Winslet “And the People Stayed Home is an uplifting perspective on the resilience of the human spirit and the healing potential we have to change our world for the better.” --Shelf Awareness
“Images of nature healing show the author’s vision of hope for the future...The accessible prose and beautiful images make this a natural selection for young readers, but older ones may appreciate the work’s deeper meaning.”— Kirkus Reviews
“This is a perfectly illustrated version of a poem that continues to be relevant.”—School Library Journal “A stunning and peaceful offering of introspection and hope.”—The Children’s Book Review Ten Best Children’s Books of 2020: “A calming, optimistic read, and a salve for children trying their best to navigate this time.” —Smithsonian Magazine “It captured the kind of optimism people need right now.”—Esquire (UK) “Thank you, Kitty O’Meara...for pointing out that at this very moment, this very day, we can seize the opportunity to restore wholeness to our world.”—Sy Montgomery, bestselling author of The Good Good

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Pig and The Soul of an Octopus “A poem by American writer Kitty O’Meara has deservedly gone viral.”—Edinburgh Evening News *And the People Stayed Home* is a beautifully produced picture book featuring Kitty O’Meara’s popular, globally viral prose poem about the coronavirus pandemic, which has a hopeful and timeless message. Kitty O’Meara, author of *And the People Stayed Home*, has been called the “poet laureate of the pandemic.” This illustrated children’s book (ages 4-8) will also appeal to readers of all ages. O’Meara’s thoughtful poem about the pandemic, quarantine, and the future suggests there is meaning to be found in our shared experience of the coronavirus and conveys an optimistic message about the possibility of profound healing for people and the planet. Her words encourage us to look within, listen deeply, and connect with ourselves and the earth in order to heal. O’Meara, a former teacher and chaplain and a spiritual director, clearly captures important aspects of the pandemic experience. Her words, written in March 2020 and shared on Facebook, immediately resonated nationally and internationally and were widely circulated on social media, covered in mainstream news media, and inspired an outpouring of creativity from musicians, dancers, artists, filmmakers, and more. The many highlights include an original composition by John Corigliano that was premiered by Renée Fleming.

Midwinter of the Spirit

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Revolutionary Conceptions

From the author of *Aftershock* and *The Work of Nations*, his most important book to date—a myth-shattering breakdown of how the economic system that helped make America so strong is now failing us, and what it will take to fix it. Perhaps no one is better acquainted with the intersection of economics and politics than Robert B. Reich, and now he reveals how power and influence have created a new American oligarchy, a shrinking middle class, and the greatest income inequality and wealth disparity in eighty years. He makes clear how centrally problematic our veneration of the “free market” is, and how it has masked the power of moneyed interests to tilt the market to their benefit. Reich exposes the falsehoods that have been bolstered by the corruption of our democracy by huge corporations and the revolving door between Washington and Wall Street: that all workers are paid what they’re “worth,” that a higher minimum wage equals fewer jobs, and that corporations must serve shareholders before employees. He shows that the critical choices ahead are not about the size of government but about who government is for: that we must choose not between a free market and “big” government but between a market organized for broadly based prosperity and one designed to deliver the most gains to the top. Ever the pragmatist, ever the optimist, Reich sees hope for reversing our slide toward inequality and diminished opportunity when we shore up the countervailing power of everyone else. Passionate yet practical, sweeping yet exactingly argued, *Saving Capitalism* is a revelatory

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indictment of our economic status quo and an empowering call to civic action.

Happiness

A groundbreaking investigation of how inequality infects our minds and gets under our skin Why are people more relaxed and at ease with each other in some countries than others? Why do we worry so much about what others think of us and often feel social life is a stressful performance? Why is mental illness three times as common in the USA as in Germany? Why is the American dream more of a reality in Denmark than the USA? What makes child well-being so much worse in some countries than others? As *The Inner Level* demonstrates, the answer to all these is inequality. In *The Spirit Level* Richard Wilkinson and Kate Pickett put inequality at the center of public debate by showing conclusively that less equal societies fare worse than more equal ones across everything from education to life expectancy. *The Inner Level* now explains how inequality affects us individually, altering how we think, feel and behave. It sets out the overwhelming evidence that material inequities have powerful psychological effects: when the gap between rich and poor increases, so does the tendency to define and value ourselves and others in terms of superiority and inferiority. A deep well of data and analysis is drawn upon to empirically show, for example, that low social status leads to elevated levels of stress hormones, and how rates of anxiety, depression and addictions are intimately related to the inequality which makes that status paramount. Wilkinson

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and Pickett describe how these responses to hierarchies evolved, and why the impacts of inequality on us are so severe. In doing so, they challenge the conception that humans are inescapably competitive and self-interested. They undermine, too, the idea that inequality is the product of "natural" differences in individual ability. This book draws together many of the most urgent problems facing societies today, but it is not just an index of our ills. It demonstrates that societies based on fundamental equalities, sharing and reciprocity generate much higher levels of well-being, and lays out the path towards them.

Wake Up Missing

In this book, pioneering social epidemiologist Richard Wilkinson, shows how inequality affects social relations and well-being. In wealthy countries, health is not simply a matter of material circumstances and access to health care; it is also how your relationships and social standing make you feel about life. Using detailed evidence from rich market democracies, the book addresses people's experience of inequality and presents a radical theory of the psychosocial impact of class stratification. The book demonstrates how poor health, high rates of violence and low levels of social capital all reflect the stresses of inequality and explains the pervasive sense that, despite material success, our societies are sometimes social failures. What emerges is a new conception of what it means to say that we are social beings and of how the social structure penetrates our personal lives and

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relationships.

The Equality Effect

Liberals worldwide invoke Scandinavia as a promised land of equality, while most conservatives fear it as a hotbed of liberty-threatening socialism. But the left and right can usually agree on one thing: that the Nordic system is impossible to replicate elsewhere. The US and UK are too big, or too individualistic, or too . . . something. In *Viking Economics*—perhaps the most fun economics book you’ve ever read—George Lakey dispels these myths. He explores the inner-workings of the Nordic economies that boast the world’s happiest, most productive workers, and explains how, if we can enact some of the changes the Scandinavians fought for surprisingly recently, we, too, can embrace equality in our economic policy.

The Spirit Level

"Sylvan's thesis furnishes far more of the same valued experiences than is usually realized: ritual activity, communal ceremony, a philosophy and worldview, a code for living one's life, a cultural identity, a social structure, a sense of belonging, and crucially, Sylvan argues encounters with the numinous." —*Journal of Religion* Most studies of the religious significance of popular music focus on music lyrics, offering

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little insight into the religious aspects of the music itself. *Traces of the Spirit* examines the religious dimensions of popular music subcultures, charting the influence and religious aspects of popular music in mainstream culture today and analyzing the religious significance of the audience's experiences, rituals, and worldviews. Sylvan contends that popular music subcultures serve the function of religious communities and represent a new and significant religious phenomenon. Drawing on ethnographic fieldwork using interviews and participant observation, Sylvan examines such subcultures as the Deadheads, raves and their participants, metalheads, and Hip Hop culture. Based on these case studies, he offers a comprehensive theoretical framework in which to study music and popular culture. In addition, he traces the history of West African possession religion from Africa to the diaspora to its integration into American popular music in such genres as the blues, rock and roll, and contemporary musical youth subcultures.

Saving Capitalism

Walking in the Spirit is a journey into what the Bible teaches about life in the Holy Spirit. Author Kenneth Berding uses the apostle Paul and his words in Romans 8 to model what it looks like to live both empowered and set free by the Spirit. Written at an accessible level, Berding speaks to a wide audience as he seeks to connect readers to the life of the Spirit. His practical guide covers a variety of topics, showing readers how to set their minds on the things of the Spirit, put to death the

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deeds of the body, be led by the Spirit, know the fatherhood of God, and hope and pray in the Spirit. Berding applies the Bible to life through many of his own personal experiences, helping readers make connections to their own spiritual journeys. Discussion questions for each chapter facilitate personal reflection and small-group study.

The Spirit Level

Politicians and the political process, even in ostensibly democratic countries, can be deadly. James Gilligan has discovered a devastating truth that has been "hiding in plain sight" for the past century - namely, that when America's conservative party, the Republicans, have gained the presidency, the country has repeatedly suffered from epidemics of violent death. Rates of both suicide and homicide have sky-rocketed. The reasons are all too obvious: rates of every form of social and economic distress, inequality and loss - unemployment, recessions, poverty, bankruptcy, homelessness also ballooned to epidemic proportions. When that has happened, those in the population who were most vulnerable have "snapped", with tragic consequences for everyone. These epidemics of lethal violence have then remained at epidemic levels until the more liberal party, the Democrats, regained the White House and dramatically reduced the amount of deadly violence by diminishing the magnitude of the economic distress that had been causing it. This pattern has been documented since 1900, when the US government first began

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compiling vital statistics on a yearly basis, and yet it has not been noticed by anyone until now except with regard to suicide in the UK and Australia, where a similar pattern has been described. This book is a path-breaking account of a phenomenon that has implications for every country that presumes to call itself democratic, civilized and humane, and for all those citizens, voters and political thinkers who would like to help their country move in that direction.

And the People Stayed Home (Family Book, Coronavirus Kids Book, Nature Book)

Who is the richest person in the world, ever? Does where you were born affect how much money you'll earn over a lifetime? How would we know? Why—beyond the idle curiosity—do these questions even matter? In *The Haves and the Have-Nots*, Branko Milanovic, one of the world's leading experts on wealth, poverty, and the gap that separates them, explains these and other mysteries of how wealth is unevenly spread throughout our world, now and through time. Milanovic uses history, literature and stories straight out of today's newspapers, to discuss one of the major divisions in our social lives: between the haves and the have-nots. He reveals just how rich Elizabeth Bennet's suitor Mr. Darcy really was; how much Anna Karenina gained by falling in love; how wealthy ancient Romans compare to today's super-rich; where in Kenyan income distribution was Obama's grandfather;

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how we should think about Marxism in a modern world; and how location where one is born determines his wealth. He goes beyond mere entertainment to explain why inequality matters, how it damages our economics prospects, and how it can threaten the foundations of the social order that we take for granted. Bold, engaging, and illuminating, *The Haves and the Have-Nots* teaches us not only how to think about inequality, but why we should.

The Spirit of Praise

Addiction is increasing all around the world, and the conventional remedies don't work. *The Globalization of Addiction* argues that the cause of this failure to control addiction is that past treatments have focused too single-mindedly on the afflicted individual addict. This book presents a radical rethink about the nature of addiction.

The Haves and the Have-Nots

Groundbreaking analysis showing that greater economic equality-not greater wealth-is the mark of the most successful societies, and offering new ways to achieve it. "Get your hands on this book."-Bill Moyers This groundbreaking book, based on thirty years' research, demonstrates that more unequal societies are bad

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for almost everyone within them-the well-off and the poor. The remarkable data the book lays out and the measures it uses are like a spirit level which we can hold up to compare different societies. The differences revealed, even between rich market democracies, are striking. Almost every modern social and environmental problem-ill health, lack of community life, violence, drugs, obesity, mental illness, long working hours, big prison populations-is more likely to occur in a less equal society. The book goes to the heart of the apparent contrast between material success and social failure in many modern national societies. The Spirit Level does not simply provide a diagnosis of our ills, but provides invaluable instruction in shifting the balance from self-interested consumerism to a friendlier, more collaborative society. It shows a way out of the social and environmental problems which beset us, and opens up a major new approach to improving the real quality of life, not just for the poor but for everyone. It is, in its conclusion, an optimistic book, which should revitalize politics and provide a new way of thinking about how we organize human communities.

The Decadent Society

The follies of finance have threatened the stability of the global economy, and the world of finance has become increasingly complex and sophisticated, but also greedy, cynical and self-interested. *The Long and the Short of It* provides a guide to the complexities of modern finance and explains how to put your finances in the

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only hands you can confidently trust - your own. In this new, wholly updated edition of *The Long and the Short of It*, you will learn everything you need to be your own investment manager. You will recognise your investment options, the institutions that try to sell them, and how to distinguish between fact and fiction in what companies say. You will discover the principles of sound investment and the research that supports these principles. Crucially, you will learn a practical investment strategy and how to implement it. Leading economist and hugely successful investor John Kay uses his academic credentials and practical experience to lay out the key principles of investment with characteristic clarity and dry humour. This is the only book about finance and investment anyone needs, and the one book they must have.

Why We Can't Afford the Rich

Hempton explores the rise of Methodism from its unpromising origins as a religious society within the Church of England in the 1730s to a major international religious movement by the 1880s.

The Acts of the Apostles

From the New York Times columnist and bestselling author of *Bad Religion*, a

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powerful portrait of how our turbulent age is defined by dark forces seemingly beyond our control Today the Western world seems to be in crisis. But beneath our social media frenzy and reality television politics, the deeper reality is one of drift, repetition, and dead ends. *The Decadent Society* explains what happens when a rich and powerful society ceases advancing—how the combination of wealth and technological proficiency with economic stagnation, political stalemates, cultural exhaustion, and demographic decline creates a strange kind of “sustainable decadence,” a civilizational languor that could endure for longer than we think. Ranging from our grounded space shuttles to our Silicon Valley villains, from our blandly recycled film and television—a new *Star Wars* saga, another *Star Trek* series, the fifth *Terminator* sequel—to the escapism we’re furiously chasing through drug use and virtual reality, Ross Douthat argues that many of today’s discontents and derangements reflect a sense of futility and disappointment—a feeling that the future was not what was promised, that the frontiers have all been closed, and that the paths forward lead only to the grave. In this environment we fear catastrophe, but in a certain way we also pine for it—because the alternative is to accept that we are permanently decadent: aging, comfortable and stuck, cut off from the past and no longer confident in the future, spurning both memory and ambition while we wait for some saving innovation or revelations, growing old unhappily together in the glowing light of tiny screens. Correcting both optimists who insist that we’re just growing richer and happier with every passing year and pessimists who expect collapse any moment, Douthat provides an enlightening

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diagnosis of the modern condition—how we got here, how long our age of frustration might last, and how, whether in renaissance or catastrophe, our decadence might ultimately end.

Viking Economics

In the Age of Revolution, how did American women conceive their lives and marital obligations? By examining the attitudes and behaviors surrounding the contentious issues of family, contraception, abortion, sexuality, beauty, and identity, Susan E. Klepp demonstrates that many women--rural and urban, free and enslaved--began to radically redefine motherhood. They asserted, or attempted to assert, control over their bodies, their marriages, and their daughters' opportunities. Late-eighteenth-century American women were among the first in the world to disavow the continual childbearing and large families that had long been considered ideal. Liberty, equality, and heartfelt religion led to new conceptions of virtuous, rational womanhood and responsible parenthood. These changes can be seen in falling birthrates, in advice to friends and kin, in portraits, and in a gradual, even reluctant, shift in men's opinions. Revolutionary-era women redefined femininity, fertility, family, and their futures by limiting births. Women might not have won the vote in the new Republic, they might not have gained formal rights in other spheres, but, Klepp argues, there was a women's revolution nonetheless.

The Spirit Level Delusion

Do Cubans live longer than Americans? Are Scandinavians happier than the British? Do Oscar winners live longer than other actors? Does capitalism cause mental illness? Does inequality lead to murder? Would higher taxes make us slimmer, more trusting and more charitable? *The Spirit Level Delusion* shines the light of reason on some of the extraordinary claims made in favour of big government in the twenty-first century. Several books (*The Spirit Level*, *Happiness and Affluenza* amongst others) have called for a radical shift in power from the individual to the state based on the supposedly devastating effects of wealth, economic growth and inequality. By examining all the available evidence, Christopher Snowdon tests the theory that 'more equal' countries are healthier, happier and more successful. Through a sober assessment of the facts-including some inconvenient truths-*The Spirit Level Delusion* shows that the theory not only lacks empirical support but also fails the basic test of believability. "If you haven't read a book that made you laugh out loud on the bus or the Tube in a while, try Christopher Snowdon's superb release, *The Spirit Level Delusion*. But the book's subtle humour is not the reason I am recommending it. *The Spirit Level Delusion* is, above all, a book that delivers and goes well beyond the promise of its subtitle 'fact-checking the left's new theory of everything' It may well be that the next big battle for a free society will be fought against the new anti-wealth egalitarianism. Christopher Snowdon has provided defenders of freedom with powerful

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ammunition." Kristian Niemietz, Institute of Economic Affairs "Snowdon picks so many holes in the theory that were it a building it wouldn't be passed as structurally sound by the most crooked of third world local government surveyors I wish that everyone who espoused *The Spirit Level* would read *The Spirit Level Delusion*, which explains just how dubious the science behind this grand theory is." Ed West, *The Telegraph* "The Spirit Level Delusion not only successfully and dramatically undermines much of the evidence in *The Spirit Level*, but also takes on the other fashionable opponents of economic growth His engaging discussion unpicks the evidence of the anti-growth brigade and demonstrates that it is selective and partial. This book is excellent tube reading . Philip Booth, *City AM*

The Spirit Catches You and You Fall Down

The Equality Effect is almost magical. In more equal countries, human beings are generally happier and healthier, there is less crime, more creativity and higher educational attainment. Danny Dorling delivers all evidence that is now so overwhelming that it should be changing politics and society all over the world. For the past four decades, many countries, including the US and the UK, have chosen the path to greater inequality on the assumption that there is no alternative. Yet even under globalization, other nations continue to take a different road. The time will come when The Equality Effect will be as readily accepted as women voting or former colonies gaining independence—and it will come very soon. From one of the

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world's top social scientists comes a compelling argument for public policy to prioritize equality, fully-evidenced with statistics and sprinkled with black and white illustrations. Most importantly, he demonstrates where greater equality is currently to be found, and how we can set *The Equality Effect* in motion everywhere. Danny Dorling is a social geographer and the Halford Mackinder Professor of Geography at the University of Oxford. His work concerns issues of housing, health, employment, education and poverty. He has written extensively about the widening gap between rich and poor and his work regularly appears in the media. He is author *The No-Nonsense Guide to Equality*; *The Atlas of the Real World*; *Unequal Health*; *Inequality and the 1%*, and *Injustice: Why social inequalities persist*. His views are often sought by policy makers.

The Health Gap

"Exposes the unjust and dysfunctional mechanisms that allow the top 1% to siphon off wealth produced by others, through the control of property and money." --Back Cover.

Inequality

A timely examination by a leading scientist of the physical, psychological, and

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moral effects of inequality. Today's inequality is on a scale that none of us has seen in our lifetimes, yet this disparity between rich and poor has ramifications that extend far beyond mere financial means. In *The Broken Ladder* psychologist Keith Payne examines how inequality divides us not just economically, but has profound consequences for how we think, how our cardiovascular systems respond to stress, how our immune systems function, and how we view moral ideas like justice and fairness. Experiments in psychology, neuroscience, and behavioral economics have not only revealed important new insights on how inequality changes people in predictable ways, but have provided a corrective to our flawed way of viewing poverty as the result of individual character failings. Among modern, developed societies, economic inequality is not primarily about money, but rather about relative status: where we stand in relation to other people. Regardless of their average income, countries or states with greater levels of income inequality have much higher rates of all the social problems we associate with poverty, including lower average life expectancies, serious health issues, mental illness, and crime. *The Broken Ladder* explores such issues as why women in poor societies often have more children, and have them younger; why there is little trust among the working class that investing for the future will pay off; why people's perception of their relative social status affects their political beliefs, and why growing inequality leads to greater political divisions; how poverty raises stress levels in the same way as a physical threat; inequality in the workplace, and how it affects performance; why unequal societies become more religious; and

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finally offers measures people can take to lessen the harm done by inequality in their own lives and the lives of their children.

Closing the Gap in a Generation

"Damasio undertakes nothing less than a reconstruction of the natural history of the universe. . . . [A] brave and honest book." --The New York Times Book Review

The Strange Order of Things is a pathbreaking investigation into homeostasis, the condition that regulates human physiology within the range that makes possible not only survival but also the flourishing of life. Antonio Damasio makes clear that we descend biologically, psychologically, and even socially from a long lineage that begins with single living cells; that our minds and cultures are linked by an invisible thread to the ways and means of ancient unicellular existence and other primitive life-forms; and that inherent in our very chemistry is a powerful force, a striving toward life maintenance that governs life in all its guises, including the development of genes that help regulate and transmit life. *The Strange Order of Things* is a landmark reflection that spans the biological and social sciences, offering a new way of understanding the origins of life, feeling, and culture.

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