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## The Global EBook Market: Current Conditions & Future Projections

A collection of essays first published in Moscow in 1909. Writing from various points of view, the authors reflect the diverse experiences of Russia's failed 1905

revolution. Condemned by Lenin and rediscovered by dissidents, this translation has relevance for discussions on contemporary Russia.

### **What They Didn't Teach You in Russian Class**

The Global eBook Report documents and analyses how ebook markets emerge in the US, UK, continental Europe, Brazil, China, India, Russia, and the Arab world. It combines the best available data and references to specialized local actors, with thematic chapters, focusing on critical policy debates and on key driving forces, notably ebook bestsellers and pricing strategies across European markets, self-publishing, government regulation, piracy, and the expanding impact of global players. The Global eBook Report is available for download from October 1st , 2013, at [www.global-ebook.com](http://www.global-ebook.com). A project of Rüdiger Wischenbart Content and Consulting.

### **Calibre Manual**

He has one mission Since they were children, career cop Judd Hamilton has built his life around taking care of his best friend, Autumn Buchanan. While he might once have dreamed of a different future for them, everything changed the day her father tried to kill them both. Determined to keep her safe, Judd put his feelings aside and turned his focus to protecting her, always. She leads a double life Nobody in their small town would ever dream that Autumn, Wishful's friendly librarian, is really successful erotic romantic

suspense author, Rumor Fairchild. No one knows that the swoon-worthy hero of her series is based on her best friend, Judd. He's been fulfilling her rescue fantasies for years, and now she's ready to catapult them out of the friend zone to make her real life romance come true. Their nightmare returns But when the past comes full circle and Autumn's father returns to Wishful, even the power of Judd's badge isn't enough to keep her safe from the madman. If he wants the chance at a future with the one girl he's always loved, Judd may have to toss everything he's worked for aside to do the one job that matters.

### **The Book of Mormon**

Inkscape is a powerful, free, cross-platform, vector-based drawing tool similar to Adobe Illustrator and CorelDRAW. The Book of Inkscape, written by Inkscape developer and graphic designer Dmitry Kirsanov, is an in-depth guide to Inkscape, offering comprehensive coverage and creative advice on Inkscape's many capabilities. Kirsanov draws on his experience using Inkscape for design and illustration as well as his extensive knowledge of Inkscape's features, several of which he developed. Following an overview of vector-based graphics in general and SVG in particular, Kirsanov takes the reader from basic techniques-selecting, transforming, styling-to more advanced topics such as gradients and patterns, path editing, artistic drawing, clones and patterns, working with text, exporting bitmaps, and using extensions. The Book of Inkscape is a complete guide to Inkscape for every artist, whether amateur or professional.

## Lumpini Park

History on a grand scale--an enchanting masterpiece that explores the making of one of the world's most vibrant civilizations. A People's Tragedy, wrote Eric Hobsbawm, did "more to help us understand the Russian Revolution than any other book I know." Now, in *Natasha's Dance*, internationally renowned historian Orlando Figes does the same for Russian culture, summoning the myriad elements that formed a nation and held it together. Beginning in the eighteenth century with the building of St. Petersburg--a "window on the West"--and culminating with the challenges posed to Russian identity by the Soviet regime, Figes examines how writers, artists, and musicians grappled with the idea of Russia itself--its character, spiritual essence, and destiny. He skillfully interweaves the great works--by Dostoevsky, Stravinsky, and Chagall--with folk embroidery, peasant songs, religious icons, and all the customs of daily life, from food and drink to bathing habits to beliefs about the spirit world. Figes's characters range high and low: the revered Tolstoy, who left his deathbed to search for the Kingdom of God, as well as the serf girl Praskovya, who became Russian opera's first superstar and shocked society by becoming her owner's wife. Like the European-schooled countess Natasha performing an impromptu folk dance in Tolstoy's *War and Peace*, the spirit of "Russianness" is revealed by Figes as rich and uplifting, complex and contradictory--a powerful force that unified a vast country and proved more lasting than any Russian ruler or state.

## **Vekhi**

A top allergy specialist provides a simple holistic program that helps a broad range of allergy sufferers heal themselves naturally. THE 7 DAY ALLERGY MAKEOVER is written for people who want to take an active role in their own healing. The book lays out action-oriented, step-by-step instructions on uncovering the root cause of allergies, and makes simple but specific changes that can stop allergy symptoms from recurring. What began as a mother's desperation to save her son has led to a comprehensive program that helps a broad range of allergy sufferers heal themselves naturally. As an allergy specialist, Dr. Susanne Bennett sees roughly 100 patients a week, from children to movie stars. They come to her after exhausting every resource: doctors, medicines, creams, shots, you name it. They suffer from hives, sneezing, headaches, asthma, muscle aches, swelling and digestive problems, and more. THE 7 DAY ALLERGY MAKEOVER, based on 23 years of Dr. Bennett's clinical experience, is an easy-to-implement and transformational plan for eliminating allergies from your life forever. Each chapter in THE 7 DAY ALLERGY MAKEOVER focuses on a different aspect of health and environment for a person suffering from allergies--nutrition, air quality, living environment, water, body hygiene, and emotional and mental stresses.

## **The Photoshop Elements 2020 Book for Digital Photographers**

lego4scrum - of the most interactive ways of demonstrating Agile thinking and Scrum framework in action. This book summarises years of experiments and hundreds of lego4scrum workshops. It will let you teach Scrum in a complete new, fresh and the most fun way. This is the third most full edition with a foreword by Henrik Kniberg. lego4scrum has been known since the first paper written back in 2009. Since that time thousands of people facilitated this business simulation to demonstrate the power of the Agile principles and the Scrum framework. This book combines the learnings of the past eight years facilitating lego4scrum workshops with groups of 10 to 150 participants. This book is written for:

- \* Scrum Trainers exploring way of adding more elements of interactivity and gaming into the trainings turning them more to "from the back of the room" kind of things.
- \* Agile Coaches looking for new training and coaching ideas with some elements of serious plays and simulations.
- \* Scrum Masters willing to get ideas how to introduce agile thinking to new teams and newcomers in a fun and easy way.
- \* Professors and Teachers trying to adapt their teaching style to the ever-changing world that is full of games, fun and LEGO.
- \* Anyone else who is in charge of "installing Agile thinking and Scrum in a workspace".

lego4scrum 3.0 incorporates the following popular agile coaching techniques:

- \* user story mapping
- \* magic estimates
- \* overall backlog refinement with multiple teams
- \* joint multi-team scrum meetings
- \* continuous integration and deployment
- \* and more little tips and tricks to make the simulation valuable and fun.

Get the book, get some LEGOs and have fun with this!

## **Academic E-Books**

### **Advanced Buteyko Breathing Exercises**

Winner of the 1994 Heldt Prize from the Association of Women in Slavic Studies A detailed and colorful instruction manual on household management in sixteenth-century Russia, the Domostroi gives a fascinating glimpse of the world of the nobility. This "how-to" guide is one of the few sources on the social history and secular life of Russia in the time of Ivan the Terrible. Carolyn Johnston Pouncy here offers, with an informative introduction, the first complete English translation.

### **Lego4scrum**

### **Dead Doubles**

From the New York Times bestselling author of *The House of the Spirits*, this epic novel spanning decades and crossing continents follows two young people as they flee the aftermath of the Spanish Civil War in search of a place to call home. "One of the most richly imagined portrayals of the Spanish Civil War to date, and one of the strongest and most affecting works in [Isabel Allende's] long career."—*The New York Times Book Review* In the late 1930s, civil war grips Spain. When General Franco and his Fascists succeed in overthrowing the government, hundreds of thousands are forced to flee in a treacherous journey over the

mountains to the French border. Among them is Roser, a pregnant young widow, who finds her life intertwined with that of Victor Dalmau, an army doctor and the brother of her deceased love. In order to survive, the two must unite in a marriage neither of them desires. Together with two thousand other refugees, they embark on the SS Winnipeg, a ship chartered by the poet Pablo Neruda, to Chile: “the long petal of sea and wine and snow.” As unlikely partners, they embrace exile as the rest of Europe erupts in world war. Starting over on a new continent, their trials are just beginning, and over the course of their lives, they will face trial after trial. But they will also find joy as they patiently await the day when they will be exiles no more. Through it all, their hope of returning to Spain keeps them going. Destined to witness the battle between freedom and repression as it plays out across the world, Roser and Victor will find that home might have been closer than they thought all along. A masterful work of historical fiction about hope, exile, and belonging, *A Long Petal of the Sea* shows Isabel Allende at the height of her powers. Praise for *A Long Petal of the Sea* “Both an intimate look at the relationship between one man and one woman and an epic story of love, war, family, and the search for home, this gorgeous novel, like all the best novels, transports the reader to another time and place, and also sheds light on the way we live now.”—J. Courtney Sullivan, author of *Saints for All Occasions* “This is a novel not just for those of us who have been Allende fans for decades, but also for those who are brand-new to her work: What a joy it must be to come upon Allende for the first time. She knows that all stories are love stories, and the greatest love

stories are told by time.”—Colum McCann, National Book Award-winning author of *Let the Great World Spin*

### **The Readies**

ARE YOU READY FOR AN ELEMENTS BOOK THAT BREAKS ALL THE RULES? This book breaks new ground by doing something for digital photographers that's never been done before-it cuts through the bull and shows you exactly "how to do it." It's not a bunch of theory; it doesn't challenge you to come up with your own settings or figure things out on your own. Instead, it does something that virtually no other Elements book has ever done-it tells you flat-out which settings to use, when to use them, and why. If you're looking for one of those "tell-me-everything-about-the-Unsharp-Mask-filter" books, this isn't it. You can grab any other Elements book on the shelf, because they all do that. Instead, this book gives you the inside tips and tricks of the trade for organizing, correcting, editing, sharpening, retouching, and printing your photos like a pro. You'll be absolutely amazed at how easy and effective these techniques are-once you know the secrets. LEARN HOW THE PROS DO IT Each year Scott trains thousands of digital photographers and, almost without exception, they have the same questions and face the same problems-that's exactly what he covers in this book. You'll learn: How to unlock the power of layers (you'll be amazed at how easy it is!) How to use Camera Raw for processing not only RAW photos, but JPEGs, TIFFs, and PSDs too! (And you'll learn why so many pros like

it best-because it's faster and easier) The sharpening techniques the pros really use (there's an entire chapter just on this!) How to deal with common digital camera image problems, including brightening people in dark shadows and getting the best color possible The most requested photographic special effects, and much more! THE BOOK'S SECRET WEAPON Although Elements 2020 offers some digital photography features that Photoshop doesn't offer, there are plenty of features that Photoshop has that Elements 2020 doesn't (like channels, HDR, etc.). But in this book, you'll learn some slick workarounds, cheats, and fairly ingenious ways to replicate many of those Photoshop features right within Elements. Plus, you can download many of the images used in the book, so you can follow right along with the techniques. Since this book is designed for photographers, it doesn't waste your time talking about what a pixel is, how to frame a shot or set your exposure, etc., and there's no talk about which camera or printer to buy. It's all Elements, step by step, cover to cover, in the only book of its kind, and you're gonna love it!

### **Quest for the Lost Treasure**

### **Mathematics, Its Content, Methods, and Meaning**

Calibre is an ebook library manager. It can view, convert and catalog ebooks in most of the major ebook formats. It can also talk to many ebook reader devices. It can go out to the Internet and fetch

metadata for your books. It can download newspapers and convert them into ebooks for convenient reading. It is cross platform, running on Linux, Windows and OS X.

### **Middle English Dictionary**

Produced by Oxford's American Dictionaries Program, and drawing on the expertise of scores of American scholars and advisors, The New Oxford American Dictionary sets the standard of excellence for lexicography in this country. Here is the most accurate and richly descriptive picture of American English ever offered in any dictionary. Oxford's American editors drew on our 200-million-word databank of contemporary North American English, plus the unrivaled citation files of the world-renowned Oxford English Dictionary. We started with American evidence--an unparalleled resource unique to Oxford. Our staff logged more than 50 editor-years, checking every entry and every definition. Oxford's ongoing North American Reading Program, begun in the early 1980s, keeps our lexicographers in touch with fresh evidence of our language and usage--in novels and newspapers, in public records and magazines, and on-line, too. To provide unprecedented clarity, the entries are organized around core meanings, reflecting the way people think about words and eliminating the clutter and confusion of a traditional dictionary entry. Each entry plainly shows the major meaning or meanings of the word, plus any related senses, arranged in intuitive constellations of connected meanings. Definitions are supplemented by

illustrative, in-context examples of actual usage. This major new edition of *The New Oxford American Dictionary* includes a guide to the pronunciations on every page, a new etymology essay by Anatoly Liberman, completely updated and revised maps, and more than a thousand new entries, covering everything new in our language from low-carb to warblog and beyond. *The New Oxford American Dictionary* is designed to serve the user clearly, simply, and quickly, with the precise guidance you expect from Oxford University Press. With in-depth and up-to-date coverage that all users need and expect—for reading and study, for technical terms, for language guidance—it continues the tradition of scholarship and lexicographic excellence that are the hallmarks of every Oxford dictionary. Web Site A companion web site is now available at [www.oup.com/us/noad](http://www.oup.com/us/noad).

### **A Long Petal of the Sea**

A grunt's-eye report from the battlefield in the spirit of *The Red Badge of Courage* and *All Quiet on the Western Front*—the only known account by a common soldier of the campaigns of Napoleon's Grand Army between 1806 and 1813. When eighteen-year-old German stonemason Jakob Walter was conscripted into the Grand Army of Napoleon, he had no idea of the trials that lay ahead. The long, grueling marches in Prussia and Poland sacrificed countless men to Bonaparte's grand designs. And the disastrous Russian campaign tested human endurance on an epic scale. Demoralized by defeat in a war few

supported or understood, deprived of ammunition and leadership, driven past reason by starvation and bitter cold, men often turned on one another, killing fellow soldiers for bread or an able horse. Though there are numerous surviving accounts of the Napoleonic Wars written by officers, Walter's is the only known memoir by a draftee, and as such is a unique and fascinating document—a compelling chronicle of a young soldier's loss of innocence as well as an eloquent and moving portrait of the profound effects of war on the men who fight it. Professor Marc Raeff has added an Introduction to the memoirs as well as six letters home from the Russian front, previously unpublished in English, from German conscripts who served concurrently with Walter. The volume is illustrated with engravings and maps, contemporary with the manuscript, from the Russian/Soviet and East European collections of the New York Public Library. Honest, heartfelt, deeply personal yet objective, *The Diary of a Napoleonic Foot Soldier* is more than an informative and absorbing historical document—it is a timeless and unforgettable account of the horrors of war.

### **The "Domostroi"**

Accessible, no-nonsense, and programming language-agnostic introduction to algorithms. Part 3 covers greedy algorithms (scheduling, minimum spanning trees, clustering, Huffman codes) and dynamic programming (knapsack, sequence alignment, shortest paths, optimal search trees).

## **Algorithms Illuminated (Part 3)**

Winning means killing. Sickos around the world are playing a deadly game, and the body count is climbing. Agent Abby Kane hunts the man behind the sadistic challenges the only way she knows how: by playing the game and moving up the bloody leaderboard herself. Abby arrives in Bangkok, Thailand, where she discovers a killer is already roaming the Big Mango looking for his next grand kill to win the game. As Abby is pulled further into the world of deadly play, the dynamics of the game suddenly change. Out of her jurisdiction and unsure of who she can trust, Abby is faced with two choices: walk away or die. The action continues in the second book of the Chasing Chinatown trilogy. Pick up this unputdownable thrill ride.

## **Eloquent JavaScript**

In 1930, Bob Brown predicted that the printed book was bound for obsolescence. The time has come, he insisted, to rid the reader of the cumbersome book. He invented a machine that would allow one to read books and any text extremely fast and in a hyper abbreviated form. He called these abbreviated texts, with em dashes replacing words: readies. He envisioned sending the condensed texts through wireless networks. The Readies, describes these eponymously named abbreviated texts and his plans for a reading machine, but since he printed only 150 copies, the volume is practically unknown outside of a small circle of scholars. With this new edition, Craig

Saper hopes to introduce Bob Brown's Roving Eye Press books to a new generation of readers.

## **DIARY OF A NAPOLEONIC FOOT SOLDIER**

The character Allan Quatermain is the hero of H. Rider Haggard's 1885 novel King Solomon's Mines. In this adventure novel named after him, Quatermain longs for a return to the wilderness after losing his son. He talks a number of companions into joining him and they journey inland from Africa's east coast, where they are attacked by Masai warriors.

## **Global EBook 2017**

For many Americans of both right and left political persuasions, the Russian bear is more of a bugbear. On the right, the country is still mentally represented by Soviet domination. For those on the left, it is a harbor for reactionary values and neo-imperial visions. The reality, however, is that, despite Russia's political failures, its rich history of culture, religion, and philosophical reflection—even during the darkest days of the Gulag—have been a deposit of wisdom for American artists, religious thinkers, and political philosophers probing what it means to be human. Aleksandr Solzhenitsyn stands out as the key figure in this conversation, as both a Russian literary giant and an exile from Russia living in America for two decades. This anthology reconsiders Solzhenitsyn's work from a variety of perspectives—his faith, his politics, and the influences and context of his literature—to provide a prophetic vision for our

current national confusion over universal ideals. In *Solzhenitsyn and American Culture: The Russian Soul in the West*, David P. Deavel and Jessica Hooten Wilson have collected essays from the foremost scholars and thinkers of comparative studies who have been tracking what Americans have borrowed and learned from Solzhenitsyn as well as his fellow Russians. The book offers a consideration of what we have in common—the truth, goodness, and beauty America has drawn from Russian culture and from masters such as Solzhenitsyn—and will suggest to readers what we can still learn and what we must preserve. The book will interest fans of Solzhenitsyn and scholars across the disciplines, and it can be used in courses on Solzhenitsyn or Russian literature more broadly. Contributors: David P. Deavel, Jessica Hooten Wilson, John Wilson, Nathan Neilson, Eugene Vodolazkin, David Walsh, Matthew Lee Miller, Ralph C. Wood, Gary Saul Morson, Edward E. Ericson Jr., Micah Mattix, Joseph Pearce, James F. Pontuso, Daniel J. Mahoney, William Jason Wallace, Lee Trepanier, Peter Leithart, Dale E. Peterson, Julianna Leachman, Walter G. Moss, and Jacob Howland.

### **Gastronomad**

JavaScript lies at the heart of almost every modern web application, from social apps like Twitter to browser-based game frameworks like Phaser and Babylon. Though simple for beginners to pick up and play with, JavaScript is a flexible, complex language that you can use to build full-scale applications. This much anticipated and thoroughly revised third edition

of Eloquent JavaScript dives deep into the JavaScript language to show you how to write beautiful, effective code.

### **The Sun Sister**

Silver Falchion Awards 2016 Winner: Best First Novel, Best Political Thriller, Best Female Detective/Sleuth In Kris Calvin's debut mystery *One Murder More*, a beautiful legislative aide is found stabbed to death in California's Capitol building. Maren Kane, a lobbyist for a fledgling Sacramento-based toy company, is in the midst of a legislative fight that could make or break her career. She doesn't have time for a coffee break let alone involvement in a murder investigation. But when police arrest Maren's colleague for the crime, she's certain they have the wrong man. The cops suspect a crime of passion—love gone wrong. Maren knows that in the capital, money and power drive all things tragic and scandalous. Sex and love are little more than window-dressing. But will she be able to prove her theory—and free her friend—before she becomes the next victim?

### **The 7-Day Allergy Makeover**

Grubbing on pierogies at a a Russian deli Pounding vodka shots at Moscow's hottest dance club Cheering for the local hockey team at the stadium Drop the textbook formality and chat with the locals in Russia's everyday language. • What's up? Как дела? • He's/She's a hottie. Он/Она красавчик/красотка. • Let's go get wasted. Пойдём побухать. •



damaging Portland Spy Ring. As gripping as a le Carré novel, this incredible narrative, layered with false identities, deceptions, and betrayal, crisscrosses from the UK to the USSR to the US, Canada, Europe and New Zealand, and brings to life one of the most extraordinary spy stories of the Cold War.

### **Learning to Read in a Digital World**

Saints, Vol. 2: No Unhallowed Hand covers Church history from 1846 through 1893. Volume 2 narrates the Saints' expulsion from Nauvoo, their challenges in gathering to the western United States and their efforts to settle Utah's Wasatch Front. The second volume concludes with the dedication of the Salt Lake Temple.

### **If I Didn't Care**

When Bloomberg journalist Mark Pittman suddenly died, his widow spent four summers driving 31,152 miles searching for answers. In her fearless memoir, *The Pink Steering Wheel Chronicles: A Love Story*, author Laura Fahrenthold presents a moving portrait of marriage, motherhood and mourning as she captains a 1993 RV sprinkling her husband's ashes with their two young daughters and a stray dog in an epic quest for healing and understanding. Filled with insight and wit from a career in journalism, the story captures the family's adventures and misadventures, her deeply-layered love story, and her hilarious slice-of-life dispatches where the pink steering wheel becomes her spiritual GPS.

## **Advanced Software Testing - Vol.1, 2nd Edition**

People are busting out of static residential living and boring corporate serfdom and embracing a new life of freedom, beauty, adventure and joy. The movement is the gastronomad lifestyle - endless travel out of love for food and culture. Instead of living in one place, then becoming an occasional tourist on vacation (where you're on the outside looking in), gastronomads become "temporary locals" wherever they go, immersing themselves in community and culture. But how? The secret is to travel and work at the same time! It's a world of endless possibilities. The gig economy, the sharing economy, the app economy and crowdsourced content - as well as ubiquitous internet and powerful mobile devices - enable almost anyone to live almost anywhere and still build a thriving, exciting and rewarding career. Journalist Mike Elgan has been living and writing about the gastronomad lifestyle for a decade, and shares all his secrets in this surprising book, including how to: pivot your career to become location independent grow your income and shrink your cost of living downsize to a small "home base" and spend half your rent abroad find dream locations to live in explore the world's most amazing food cultures create a new life that brings you joy Going gastronomad is much more than embracing a way of life. It's a state of mind. Whether you're just thinking about traveling more - not as a tourist but as an intentional traveler - or want to quit your job, sell your home and spend the rest of your life exploring the world, this book will

transform how you think about travel, food and life itself!

### **Little Bee**

With digital screens becoming increasingly ubiquitous in the lives of children, from their homes to their classrooms, understanding the influence of these technologies on the ways children read takes on great importance. The aim of this edited volume is to examine how advances in technology are shaping children's reading skills and development. The chapters in this volume explore the influence of various aspects of digital texts, the child's cognitive and motivational skills, and the child's environment on reading development in digital contexts. Each chapter draws upon the expertise of scientists and researchers across countries and disciplines to review what is currently known about the influence of technology on reading, how it is studied, and to offer new insights and research directions based on recent work.

### **Natasha's Dance**

This book can be used in order to learn the Buteyko breathing method exercises even by people with low results for the body oxygen test (less than 15 s). However, the best results, in cases of self-learning (or DIY methods), are achieved when the learner already has at least 25 s for the body oxygen test. This Kindle and PDF book is advanced, in comparison with popular descriptions of Buteyko breathing exercises,

in the following areas: - The book describes relaxed breathing exercises for people with hypertension and panic attacks. These groups of learners are often unable to safely do breath holds and practice ordinary Buteyko reduced breathing exercises. Air hunger can worsen their symptoms. - The book explains how to proceed from easy Buteyko breathing exercises to its more advanced types. This relates to breathing exercises with a moderate and strong degree of air hunger. - Chapter 4 of this book provides practical scripts for the use of visualization and imagery during Buteyko breathing exercises. - The book explains optimum and maximum durations for Buteyko breathing sessions. It also describes the phenomenon of overtraining due to Buteyko breathing exercises and steps that are necessary in order to solve this problem. - Chapter 5 explains the phenomenon of a lost CO<sub>2</sub> sensitivity, which should not be confused with the blunted CO<sub>2</sub> sensitivity. The book provides practical step-by-step instructions how to overcome both of these health challenges using lifestyle changes and other special methods. - The book describes instructions for application of Buteyko breathing exercises during physical activity. - Chapter 6 describes the "click effect" that leads to nearly instantaneous transition to much better results for the body oxygen test (the CP test). For some (lucky) students, the click effect helps them to quickly break through 40 s threshold for the morning CP and achieve astonishing health benefits. These health effects include natural cravings for physical exercise and raw foods, sleep that is no longer than 4.5 hours (without trying), amazing clarity of mind, very high energy levels and other natural changes. The book

does not provide any clinical evidence related to prevalence of overbreathing in general population and people with chronic diseases, such as asthma, cancer, heart disease, diabetes, and many others. This clinical data can be found in other Amazon Kindle books and articles written by Dr. Artour Rakhimov. The book does not include description of those lifestyle changes (related to sleep, physical exercise, diet and other factors) that lead to increased body oxygenation. It focuses on practice and progress related to the Buteyko breathing exercises.

### **The Arena**

### **The Pink Steering Wheel Chronicles**

Presents a tale of a precarious friendship between an illegal Nigerian refugee and a recent widow from suburban London, a story told from the alternating and disparate perspectives of both women.

### **Don't Make Me Think**

Kindle Paperwhite User Guide: The Best Paperwhite Manual To Master Your Device Quickly learn how to get the MOST out of your Kindle Paperwhite So you recently purchased this beautiful new eReader, the Kindle Paperwhite, one of Amazon's highest rated products and arguably the best eReader on the market. However, for those familiar with traditional print books and magazines, this new technology can be a bit daunting. This user guide and manual will

concisely show you how to use both basic and advanced features and will have you finding and reading your favorite topics with ease! In this Kindle Paperwhite Manual you will learn: How to get started and set-up your device Easy explanations of the Paperwhite's features How to connect to both to internet through wireless connections, as well as utilize the free 3G(depending on your device) How to get books from the Kindle Book Store and even your local library BONUS: Discover the powerful cloud features, and learn how it can backup your entire Kindle Book library so you will never lose your books! Note from the Author: "The original Kindle was truly an innovative device, completely changing the marketplace for books. The new Kindle Paperwhite has improved everything about the original Kindle; this manual was written to ensure you get the most out of your new eReader!"

### **Kindle Paperwhite User Guide**

E-Books in Academic Libraries: Stepping Up to the Challenge provides readers with a view of the changing and emerging roles of electronic books in higher education. The three main sections contain contributions by experts in the publisher/vendor arena, as well as by librarians who report on both the challenges of offering and managing e-books and on the issues surrounding patron use of e-books. The case study section offers perspectives from seven different sizes and types of libraries whose librarians describe innovative and thought-provoking projects involving e-books. Read about perspectives on e-books

from organizations as diverse as a commercial publisher and an association press. Learn about the viewpoint of a jobber. Find out about the e-book challenges facing librarians, such as the quest to control costs in the patron-driven acquisitions (PDA) model, how to solve the dilemma of resource sharing with e-books, and how to manage PDA in the consortial environment. See what patron use of e-books reveals about reading habits and disciplinary differences. Finally, in the case study section, discover how to promote scholarly e-books, how to manage an e-reader checkout program, and how one library replaced most of its print collection with e-books. These and other examples illustrate how innovative librarians use e-books to enhance users' experiences with scholarly works.

### **Solzhenitsyn and American Culture**

An epic and transporting novel, the latest installment of the “heart-wrenching, uplifting, and utterly enthralling” (Lucy Foley, author of *The Guest List*) *Seven Sisters* series, unravelling between the dazzling streets of modern-day New York City and the breathtaking plains of 1940s colonial Kenya. Electra d’Aplièse is a top model who seems to have it all: beauty, fame, and wealth. But beneath the glittery veneer, she’s cracking under all the pressure. When her father dies, she turns to alcohol and drugs to ease the pain. As friends and colleagues fear for her health, Electra receives a shocking letter from a stranger who claims to be her grandmother. In 1939, New Yorker Cecily Huntley-Morgan arrives in Kenya’s Lake

Naivasha region for the exciting chance to stay with her godmother, the famous socialite Kiki Preston. But after a sheltered upbringing, she's astounded by the hedonistic antics of the other ex-pats in the infamous Happy Valley set. Cecily soon grows to love her stunning but complicated new home, and she even accepts a proposal of marriage from an enigmatic older cattle farmer. After a shocking discovery and with war looming, Cecily feels isolated and alone. Until she meets a young woman in the woods and makes her a promise that will change the course of her life forever. Featuring Lucinda Riley's "engaging and mesmerizing" (Library Journal, starred review) storytelling and filled with unforgettable and moving characters, *The Sun Sister* explores how love can cross seemingly impossible boundaries.

### **Saints: The Story of the Church of Jesus Christ in the Latter Days: Volume 2**

Five years and more than 100,000 copies after it was first published, it's hard to imagine anyone working in Web design who hasn't read Steve Krug's "instant classic" on Web usability, but people are still discovering it every day. In this second edition, Steve adds three new chapters in the same style as the original: wry and entertaining, yet loaded with insights and practical advice for novice and veteran alike. Don't be surprised if it completely changes the way you think about Web design. Three New Chapters! Usability as common courtesy -- Why people really leave Web sites Web Accessibility, CSS, and you -- Making sites usable and accessible Help!

My boss wants me to \_\_\_\_\_. -- Surviving executive design whims "I thought usability was the enemy of design until I read the first edition of this book. Don't Make Me Think! showed me how to put myself in the position of the person who uses my site. After reading it over a couple of hours and putting its ideas to work for the past five years, I can say it has done more to improve my abilities as a Web designer than any other book. In this second edition, Steve Krug adds essential ammunition for those whose bosses, clients, stakeholders, and marketing managers insist on doing the wrong thing. If you design, write, program, own, or manage Web sites, you must read this book." -- Jeffrey Zeldman, author of Designing with Web Standards

### **The Book of Inkscape**

One of the most important and accessible texts of Eastern Orthodox Christian teaching on the spiritual life, this book draws upon the ascetic and mystical doctrine of the Greek Fathers and greats of the Orthodox Christian church. In an age alienated from spiritual culture and rooted in materialism, these teachings pose both a challenge and an invitation to those seeking heightened spirituality. This book is essential reading for anyone who desires a profound spiritual journey based upon an encounter with Christ as God.

### **The Wake**

"A work that is as disturbing as it is empathetic, as

beautiful as it is riveting." —Eimear McBride, *New Statesman* In the aftermath of the Norman Invasion of 1066, William the Conqueror was uncompromising and brutal. English society was broken apart, its systems turned on their head. What is little known is that a fractured network of guerrilla fighters took up arms against the French occupiers. In *The Wake*, a postapocalyptic novel set a thousand years in the past, Paul Kingsnorth brings this dire scenario back to us through the eyes of the unforgettable Buccmaster, a proud landowner bearing witness to the end of his world. Accompanied by a band of like-minded men, Buccmaster is determined to seek revenge on the invaders. But as the men travel across the scorched English landscape, Buccmaster becomes increasingly unhinged by the immensity of his loss, and their path forward becomes increasingly unclear. Written in what the author describes as "a shadow tongue"—a version of Old English updated so as to be understandable to the modern reader—*The Wake* renders the inner life of an Anglo-Saxon man with an accuracy and immediacy rare in historical fiction. To enter Buccmaster's world is to feel powerfully the sheer strangeness of the past. A tale of lost gods and haunted visions, *The Wake* is both a sensational, gripping story and a major literary achievement.

### **One Murder More**

### **Allan Quatermain**

The most important modern reference work for Middle

English studies

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