

Gray Matter A Neurosurgeon Discovers The Power Of Prayer One Patient At Time David I Levy

Brain SurgeonNot the Last GoodbyeMiracles & Moments of GraceClear Word Bible-OEProof of HeavenIt Ends with UsWatchman Nee Resist the DevilNo Place to HideADHD Does not ExistHealing Prayer on Holy GroundHydrocephalusRaising the DeadWhen Breath Becomes AirMiracles We Have SeenThe ShiftGod in the ICUStrangers at My DoorSerenityThe Ultimate Guide To Choosing a Medical SpecialtyI've Seen the End of YouFlowers for AlgernonThe Behavioral Neurology of White MatterThe Brain That Changes ItselfThink and Eat Yourself SmartThe Secret Lies WithinThe Brain's Way of HealingYour Life In My Hands - a Junior Doctor's StoryGray MatterAnother Day in the Frontal LobeBreakthrough to Your MiracleFinding God in the Hard TimesAngels on the Night ShiftRewire Your BrainMorning RoundsOnce More We Saw StarsCountyDoctors who Followed ChristConfessions of an Ex-FeministAngels and HeroesJesus, M.D.

Brain Surgeon

On October 20, 2006, a middle-aged auto mechanic, Jeff Markin, walked into the emergency room at the Palm Beach Gardens Hospital and collapsed from a massive heart attack. Forty minutes later he was declared dead. After filling out his final report, the supervising cardiologist, Dr. Chauncey Crandall, started out of the room. "Before I crossed its threshold, however, I sensed God was telling me to turn around and pray for the patient," Crandall explained. With that prayer and Dr. Crandall's instruction to give the man what seemed one more useless shock from the defibrillator, Jeff Markin came back to life--and remains alive and well today. But how did a Yale-educated cardiologist whose Palm Beach practice includes some of the most powerful people in American society, including several billionaires, come to believe in supernatural healing? The answers to these questions compose a story and a spiritual journey that transformed Chauncey Crandall.

Not the Last Goodbye

Practicing nurse and New York Times columnist Theresa Brown invites us to experience not just a day in the life of a nurse but all the life that happens in just one day on a busy teaching hospital's cancer ward. In the span of twelve hours, lives can be lost, life-altering treatment decisions made, and dreams fulfilled or irrevocably stolen. Unfolding in real time--under the watchful eyes of this dedicated professional and insightful chronicler of events--The Shift gives an unprecedented view into the individual struggles as well as the larger truths about medicine in this country. By shift's end, we have witnessed something profound about hope and humanity.

Miracles & Moments of Grace

'I am a junior doctor. It is 4 a.m. I have run arrest calls, treated life-threatening bleeding, held the hand of a young woman dying of cancer, scuttled down miles of dim corridors wanting to sob with sheer exhaustion, forgotten to eat, forgotten to drink, drawn on every fibre of strength that I possess to keep my patients safe from harm.' How does it feel to be spat out of medical school into a world of pain, loss and trauma that you feel wholly ill-equipped to handle? To be a medical novice who makes decisions which - if you get them wrong - might forever alter, or end, a person's life? To toughen up the hard way, through repeated exposure to life-and-death situations, until you are finally a match for them? In this heartfelt, deeply personal account of life as a junior doctor in today's health service, former television journalist turned doctor, Rachel Clarke, captures the extraordinary realities of ordinary life on the NHS front line. From the historic junior doctor strikes of 2016 to the 'humanitarian crisis' declared by the Red Cross, the overstretched health service is on the precipice, calling for junior doctors to draw on extraordinary reserves of what compelled them into medicine in the first place - and the value the NHS can least afford to lose - kindness. Your Life in My Hands is at once a powerful polemic on the systematic degradation of Britain's most vital public institution, and a love letter of optimism and hope to that same health service and those who support it. This extraordinary memoir offers a glimpse into a life spent between the operating room and the bedside, the mortuary and the doctors' mess, telling powerful truths about today's NHS frontline, and capturing with tenderness and humanity the highs and lows of a new doctor's first steps onto the wards in the context of a health service at breaking point - and what it means to be entrusted with carrying another's life in your hands. 'Eloquent and moving' - Henry Marsh 'There have been many books written by young doctors but none comes close to Clarke's' - Sunday Times 'From the very heart of the NHS comes this brilliant insight into the continuing crisis in the health service. Rachel Clarke writes as the accomplished journalist she once was and as the leading junior doctor she now is - writing with humanity and compassion that at times reduced me to tears.' - Jon Snow, Channel 4 News 'Dr Clarke has written a blockbuster, a page-turner, a tear-jerker. This is a "from-the-heart" front-line account of the human cost of the wanton erosion of a magnificent ideal - healthcare free at the point of need, funded through public taxation, available to all - made real in the UK for near 70 years. It is a love-song for the wonderful National Health Service that has embodied - to an extent equalled nowhere in the world - the principle that healthcare is not a commodity but a great duty of state.' - Prof. Neena Modi, President of the Royal College of Paediatrics and Child Health 'A powerful account of life on the NHS frontline. If only Theresa May and Jeremy Hunt could see the passion behind the people in the NHS, they might stop treating them as the enemy, and understand that without them we don't have an NHS worth the name.' - Alastair Campbell

Clear Word Bible-OE

Hydrocephalus is a common manifestation of many diseases. Caring and treating a patient with hydrocephalus involve

engagement and acquire a deep knowledge of anatomy, physiology, and technical details. Despite the technological developments, treatment of hydrocephalus is still a challenge for every neurological surgeon. The aim of this project is to provide a detailed and accessible information for every single discipline, not only for neurological surgeons, involved in the diagnosis and treatment of the patients with hydrocephalus.

Proof of Heaven

When an anaesthetist started praying with his patients in the Intensive Care Unit, suddenly his practice was transformed. As he relates his story in the context, first of a South Africa transitioning to democracy and then in the Middle East you will hear stories of a God who responds to prayer in ways that are uniquely His. This has the drama of hi-tech medicine, the poignancy of lives that are hanging in the balance, the human touch of a doctor who is trying to understand a God who does not always respond as he would like Him to and above all the inspiration and encouragement of a God who loves us enough to hear us when we pray and to be with us in our moments of deepest need.

It Ends with Us

The Clear Word lets the power of ancient texts come through today. As the meaning of Scripture becomes more transparent, you see more of God's grace. His love shines through even in difficult Old Testament passages. The Clear Word has renewed the devotional lives of thousands of people. Let it renew yours. Now available in the popular two-column format with the text in paragraphs.

Watchman Nee Resist the Devil

Combined sales of over 250,000 copies demonstrate the terrific impact Robert Lesslie's first three books have had on readers. In *Angels on the Night Shift*, the fourth book based on his 30 years' experience in the ER, Dr. Lesslie draws open the curtain on the lives, the dramas, and the close human connections hidden away behind hospital walls—events that, day and night, reveal nurses, doctors, patients, friends, even strangers to be “angels” in disguise. Hope, beauty, love, warning, and faith all intermingle in these fast-paced stories as readers witness belief and trust during tragedy and triumph observe hearts and motives starkly revealed catch glimpses of miracles as they unfold see demands for split-second action discover life lessons for themselves Readers will gain a window on some of life's greatest wonders and mysteries as they share intimate joys and struggles of people just like them.

No Place to Hide

In this groundbreaking and controversial book, behavioral neurologist Dr. Richard Saul draws on five decades of experience treating thousands of patients labeled with Attention Deficit and Hyperactivity Disorder—one of the fastest growing and widely diagnosed conditions today—to argue that ADHD is actually a cluster of symptoms stemming from over 20 other conditions and disorders. According to recent data from the Centers for Disease Control and Prevention, an estimated 6.4 million children between the ages of four and seventeen have been diagnosed with attention deficit hyperactivity disorder. While many skeptics believe that ADHD is a fabrication of drug companies and the medical establishment, the symptoms of attention-deficit and hyperactivity are all too real for millions of individuals who often cannot function without treatment. If ADHD does not exist, then what is causing these debilitating symptoms? Over the course of half a century, physician Richard Saul has worked with thousands of patients demonstrating symptoms of ADHD. Based on his experience, he offers a shocking conclusion: ADHD is not a condition on its own, but rather a symptom complex caused by over twenty separate conditions—from poor eyesight and giftedness to bipolar disorder and depression—each requiring its own specific treatment. Drawing on in-depth scientific research and real-life stories from his numerous patients, *ADHD Does not Exist* synthesizes Dr. Saul's findings, and offers and clear advice for everyone seeking answers.

ADHD Does not Exist

A perfect blend of medical drama and spiritual insight, *Gray Matter* is a fascinating account of Dr. David Levy's decision to begin asking his patients if he could pray for them before surgery. Some are thrilled. Some are skeptical. Some are hostile, and some are quite literally transformed by the request. Each chapter focuses on a specific case, opening with a detailed description of the patient's diagnosis and the procedure that will need to be performed, followed by the prayer "request." From there, readers get to look over Dr. Levy's shoulder as he performs the operation, and then we wait—right alongside Dr. Levy, the patients, and their families—to see the final results. Dr. Levy's musings on what successful and unsuccessful surgical results imply about God, faith, and the power of prayer are honest and insightful. As we watch him come to his ultimate conclusion that no matter what the results of the procedure are, "God is good," we cannot help but be truly moved and inspired.

Healing Prayer on Holy Ground

The question, then, is not victory, for Satan is already defeated. The Lord has overcome! The church has overcome! The conflict between the church and Satan is to protect the Lord's victory, not to win it. Our aim is not to wrestle victory from Satan but rather to keep victory from being robbed. We should always triumph in the cross of our Lord. We should proclaim, "Satan, you are a defeated foe!" We must always remind him of this fact. When you resist Satan, believe this fact that he is a defeated foe. We do not withstand him because of his fierceness. Not at all. I must tell you that such an understanding is

a complete distortion. It will only bring in confusion. No, we stand before Satan and declare to him: "You are already defeated! You are finished. I am now in the heavenly places. I defy you and I resist you."

Hydrocephalus

Raising the Dead

An intriguingly fresh glimpse of Jesus from the unique perspective of a contemporary doctor examining and learning from the Great Physician.

When Breath Becomes Air

In "Miracles & Moments of Grace: Inspiring Stories from Moms," fifty mothers--from new moms to seasoned moms--share their most memorable moments. From the hilarious to the heartbreaking, these stories reveal the depth of a mother's love and her delight at wearing the title of "Mom." These stories reveal that God clearly speaks to mothers no matter where they are. One mother awakens in the middle of the night, burdened to pray for her son. Another mother hears a voice urging her to go to her daughter, no matter the many miles separate them. In relating the harrowing birth of her child, one mother says simply, "God believes in mothers." God's voice in a mother's heart can change lives. One mother tells a lyrical bedtime tale of her daughter's adoption. Another shares a stark story of taking in a runaway Amish boy. And another mother gives birth following an accident in which she is paralyzed. These mothers all have one thing in common--they adore their children, they are in awe of them at times, and they wouldn't trade a single moment of their lives.

Miracles We Have Seen

A War Zone of the Soul Dr. W. Lee Warren's life as a neurosurgeon in a trauma center began to unravel long before he shipped off to serve the Air Force in Iraq in 2004. When he traded a comfortable if demanding practice in San Antonio, Texas, for a ride on a C-130 into the combat zone, he was already reeling from months of personal struggle. At the 332nd Air Force Theater Hospital at Joint Base Balad, Iraq, Warren realized his experience with trauma was just beginning. In his 120 days in a tent hospital, he was trained in a different specialty—surviving over a hundred mortar attacks and trying desperately to repair the damages of a war that raged around every detail of every day. No place was safe, and the constant barrage wore down every possible defense, physical or psychological. One day, clad only in a T-shirt, gym shorts, and running shoes, Warren was caught in the open while round after round of mortars shook the earth and shattered the air

with their explosions, stripping him of everything he had been trying so desperately to hold on to. Warren's story is an example of how a person can go from a place of total loss to one of strength, courage, and victory. Whether you are in the midst of your own crisis of faith, failed relationship, financial struggle, or illness, you will be inspired to remember that how you respond determines whether you survive—spiritually, emotionally, and sometimes physically. It is the beginning of a long journey home.

The Shift

A simple prayer can be an act of physical, spiritual, and emotional healing for everyone involved. Healing Prayer on Holy Ground conveys a message of hope in the presence of a loving God who longs to hear from us.

God in the ICU

Shares an account of his religiously transformative near-death experience and revealing week-long coma, describing his scientific study of near-death phenomena while explaining what he learned about the nature of human consciousness.

Strangers at My Door

In this “brave and heartbreaking novel that digs its claws into you and doesn't let go, long after you've finished it” (Anna Todd, New York Times bestselling author) from the #1 New York Times bestselling author of All Your Perfects, a workaholic with a too-good-to-be-true romance can't stop thinking about her first love. Lily hasn't always had it easy, but that's never stopped her from working hard for the life she wants. She's come a long way from the small town where she grew up—she graduated from college, moved to Boston, and started her own business. And when she feels a spark with a gorgeous neurosurgeon named Ryle Kincaid, everything in Lily's life seems too good to be true. Ryle is assertive, stubborn, maybe even a little arrogant. He's also sensitive, brilliant, and has a total soft spot for Lily. And the way he looks in scrubs certainly doesn't hurt. Lily can't get him out of her head. But Ryle's complete aversion to relationships is disturbing. Even as Lily finds herself becoming the exception to his “no dating” rule, she can't help but wonder what made him that way in the first place. As questions about her new relationship overwhelm her, so do thoughts of Atlas Corrigan—her first love and a link to the past she left behind. He was her kindred spirit, her protector. When Atlas suddenly reappears, everything Lily has built with Ryle is threatened. An honest, evocative, and tender novel, *It Ends with Us* is “a glorious and touching read, a forever keeper. The kind of book that gets handed down” (USA TODAY).

Serenity

Confessions is the honest and heart-rending account of a woman who was born into a Catholic family, attended parochial schools and fully embraced the beliefs of her faith, but ran into major roadblocks in college. Amidst the radical feminist college environment of the 1960's, she lost her faith, and her morality, jumping aboard the bandwagon of "free love." She indulged in a series of love relationships in college, all of which crashed and burned. Despite the obvious contradiction between feminist teachings and her own experience, Murray still believed she had to free herself from the yoke of tradition. Attaining a doctorate in philosophy, with an emphasis on the feminist writings of Simone de Beauvoir, Murray taught philosophy in college. For many years, she launched a personal vendetta against God and the Catholic Church in the classroom, trying to persuade students that God did not exist, mocking values Catholics hold dear, and touted feminism as the cure for many social ills. When she discovered she was pregnant, Murray followed the route that feminists offer as a solution for unmarried women. Much to her surprise, her abortion was a shattering emotional experience, which she grieved over for years. It was the first tragic chink in her feminist armor. After her marriage in 1982, she anguished over the decision to have children, but became an advocate of the "child-free" movement, believing children were burdens and life could be happy life without them. Later in her forties, Murray experienced a mysterious series of events in which it seemed that "someone" was inviting her back to God. The mysterious calls came from different ports, including nature, books and other people. Gradually, she realized that the One seeking her was Christ, and the place He was calling her to was the Catholic Church. Eventually realizing it was only in the Church that she would find what she was seeking -- the person of Christ and his love and mercy -- Murray returned to the Church, and finally found healing and forgiveness for the abortion.

The Ultimate Guide To Choosing a Medical Specialty

This is a book of miracles--medical events witnessed by leading physicians for which there is no reasonable medical explanation, or, if there is, the explanation itself is extraordinary. These dramatic first-person essays detail spectacular serendipities, impossible cures, breathtaking resuscitations, extraordinary awakenings, and recovery from unimaginable disasters. Still other essays give voice to cases in which the physical aspects were less dramatic than the emotional aspects, yet miraculous and transformational for everyone involved. Positive impacts left in the wake of even the gravest of tragedies, profound triumphs of heart and spirit. Preeminent physicians in many specialties, including deans and department heads on the faculties of the top university medical schools in the country describe, in everyday language and with moving testimony, their very personal reactions to these remarkable clinical experiences. Among the extraordinary cases poignantly recounted by the physicians witnessing them: A priest visiting a hospitalized patient went into cardiac arrest on the elevator, which opened up on the cardiac floor, right at the foot of the cardiac specialist, at just the right moment. A tiny premature baby dying from irreversible lung disease despite the most intensive care who recovered almost immediately after being taken from his hospital bed and placed on his mother's chest. President John F. Kennedy's son Patrick, who died shortly after birth, and whose disease eventually led to research that saved generations of babies. A nine-

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year-old boy who was decapitated in a horrific car accident but survived without neurological damage. A woman who conceived and delivered a healthy baby--despite having had both of her fallopian tubes surgically removed. A young man whose only hope for survival was a heart transplant, but just at the moment he developed a potentially fatal complication making a transplant impossible, his own heart began healing itself. A teenage girl near death after contracting full-blown rabies who became the first patient ever to recover from that disease after an unexpected visit by Timothy Dolan, the man who would go on to become the Archbishop of New York. A Manhattan window-washer who fell 47 stories--and not only became the only person ever to survive a fall from that height, but went on to make a full recovery. *Miracles We Have Seen* is a book of inspiration and optimism, and a compelling glimpse into the lives of physicians--their humanity and determined devotion to their patients and their patients' families. It reminds us that what we don't know or don't understand isn't necessarily cause for fear, and can even be reason for hope.

I've Seen the End of You

Science is beginning to understand that our thinking has a deep and complicated relationship with our eating. Our thoughts before, during, and after eating profoundly impact our food choices, our digestive health, our brain health, and more. Yet most of us give very little thought to our food beyond taste and basic nutritional content. In this revolutionary book, Dr. Caroline Leaf packs an incredible amount of information that will change readers' eating and thinking habits for the better. Rather than getting caught up in whether we should go raw or vegan, gluten-free or paleo, Leaf shows readers that every individual is unique, has unique nutritional needs, and has the power to impact their own health through the right thinking. There's no one perfect solution. Rather, she shows us how to change the way we think about food and put ourselves on the path towards health. Anyone who is tired of traditional diet plans that don't work, who struggles with emotional eating, or who simply isn't satisfied with their level of health will find in this book the key to discovering how they can begin developing a healthier body, brain, and spirit.

Flowers for Algernon

Oscar-winning film *Charly* starring Cliff Robertson and Claire Bloom--a mentally challenged man receives an operation that turns him into a genius and introduces him to heartache.

The Behavioral Neurology of White Matter

This is the story of an award-winning psychiatrist and neuroscientist who was diagnosed with a brain tumour by his own MRI machine at the age of thirty. It is the story of a doctor turned patient who, after overcoming cancer against the odds,

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started a twenty-year crusade to inform people about the disease and inspire them to take responsibility for their health. It is the story of a husband and father who is told that the cancer has returned, and that he only has a short time left. This is a story about dying. But most of all, it is a story about living. 'A staggering manual for living' Paris Match 'Each word rings true, each memory lingers, each detail of his life, now in limbo, brings us closer to the human condition. This book is a gift' Elle

The Brain That Changes Itself

In his popular first two books *Angels in the ER* (over 200,000 copies sold) and *Angels On Call*, Dr. Robert Lesslie inspired readers with moving accounts of remarkable people and incidents from his 25 years as an ER doctor. Now in *Angels and Heroes*, Dr. Lesslie shares amazing experiences of the courageous men and women who exhibit the grace and strength of angels in the face of danger every day. In this uplifting book, readers will be inspired by the human connections and the divine moments in: breathtaking stories from the front lines of the police extraordinary adventures of our firemen poignant tales from the men and women of EMS And more unforgettable heart and soul rescues from the ER These fascinating true experiences will encourage readers to appreciate those who serve others—and to watch for those moments when they too can rescue someone with God's love.

Think and Eat Yourself Smart

The amazing tale of “County” is the story of one of America’s oldest and most unusual urban hospitals. From its inception as a “poor house” dispensing free medical care to indigents, Chicago’s Cook County Hospital has been renowned as a teaching hospital and the healthcare provider of last resort for the city’s uninsured. Ansell covers more than thirty years of its history, beginning in the late 1970s when the author began his internship, to the “Final Rounds” when the enormous iconic Victorian hospital building was replaced. Ansell writes of the hundreds of doctors who underwent rigorous training with him. He writes of politics, from contentious union strikes to battles against “patient dumping,” and public health, depicting the AIDS crisis and the Out of Printening of County’s HIV/AIDS clinic, the first in the city. And finally it is a coming-of-age story for a young doctor set against a backdrOut of Print of race, segregation, and poverty. This is a riveting account.

The Secret Lies Within

Welcome to tiger country: the treacherous territory where a single wrong move by a brain surgeon can devastate-or end-a patient's life. This is the terrain world-renowned neurosurgeon Keith Black, MD, enters every day to produce virtual medical miracles. Now, in *BRAIN SURGEON*, Dr. Black invites readers to shadow his breathtaking journeys into the brain as he

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battles some of the deadliest and most feared tumors known to medical science. Along the way, he shares his unique insights about the inner workings of the brain, his unwavering optimism for the future of medicine, and the extraordinary stories of his patients—from ministers and rock stars to wealthy entrepreneurs and uninsured students—whom he celebrates as the real heroes. BRAIN SURGEON offers a window into one man's remarkable mind, revealing the anatomy of the unflinching confidence of this master surgeon, whose personal journey brought him from life as a young African-American boy growing up in the civil rights era South to the elite world of neurosurgery. Through Dr. Black's white-knuckle descriptions of some of the most astonishing medical procedures performed today, he reveals the beauty and marvel of the human brain and the strength and heroism of his patients who refuse to see themselves as victims. Ultimately, BRAIN SURGEON is an inspiring story of the struggle to overcome odds—whether as a man, a doctor, or a patient. PRAISE FOR BRAIN SURGEON "An inspirational book about true heroes - readers will marvel at Keith Black's achievements both as a doctor and as a man, and will be in awe of his patients' courage and will to survive." --Denzel Washington "A rare, behind-the-curtain look at the life of one of the most pre-eminent neurosurgeons in the world." --Sanjay Gupta, MD, Chief Medical Correspondent, CNN

The Brain's Way of Healing

A cloth bag containing eight copies of the title.

Your Life In My Hands - a Junior Doctor's Story

Jesus Told Us Where to Find Him. Just Look for an Outcast. His first followers knew that Jesus could be found with the fatherless, the widows, and the hungry and homeless. He said that he himself was a stranger, and commended those who welcomed him. If he really meant these things, what would happen if you opened your door to every person who came with a need? Jonathan and Leah Wilson-Hartgrove decided to find out. The author and his wife moved to the Walltown neighborhood in Durham, North Carolina, where they have been answering the door to anyone who knocks. When they began, they had little idea what might happen, but they counted on God to show up. In Strangers at My Door, Wilson-Hartgrove tells of risks and occasional disappointments. But far more often there is joy, surprise, and excitement as strangers become friends, mentors, and helpers. Immerse yourself in these inspiring, eye-opening accounts of people who arrive with real needs, but ask only for an invitation to come in. You will never view Jesus and the people he cares about the same way again. From the Trade Paperback edition.

Gray Matter

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This gripping inspirational memoir grapples with the tension between faith and science—and between death and hope—as a seasoned neurosurgeon faces insurmountable odds and grief both in the office and at home. “Beautiful, haunting, powerful . . .”—Daniel G. Amen, MD Dr. W. Lee Warren, a practicing brain surgeon, assumed he knew most outcomes for people with glioblastoma, head injuries, and other health-care problems. Yet even as he tried to give patients hope, his own heart would sink as he realized, I've seen the end of you. But it became far more personal when the acclaimed doctor experienced an unimaginable family tragedy. That's when he reached the end of himself. Page-turning medical stories serve as the backdrop for a raw, honest look at how we can remain on solid ground when everything goes wrong and how we can find light in the darkest hours of life. I've Seen the End of You is the rare book that offers tender empathy and tangible hope for those who are suffering. No matter what you're facing, this doesn't have to be the end. Even when nothing seems to make sense, God can transform your circumstances and your life. And he can offer a new beginning.

Another Day in the Frontal Lobe

An astonishing new scientific discovery called neuroplasticity is overthrowing the centuries-old notion that the adult human brain is fixed and unchanging. It is, instead, able to change its own structure and function, even into old age. Psychiatrist and researcher Norman Doidge, M.D., travelled around the United States to meet the brilliant scientists championing neuroplasticity, and the people whose lives they've transformed — people whose mental limitations or brain damage were previously seen as unalterable, and whose conditions had long been dismissed as hopeless. We see a woman born with half a brain that rewired itself to work as a whole; a woman labeled retarded who cured her deficits with brain exercises and now cures those of others; blind people who learn to see; learning disorders cured; IQs raised; ageing brains rejuvenated; stroke patients recovering their faculties; children with cerebral palsy learning to move more gracefully; entrenched depression and anxiety disappearing; and lifelong character traits changed. Doidge takes us onto terrain that might seem fantastic. We learn that our thoughts can switch our genes on and off, altering our brain anatomy. We learn how people of average intelligence can, with brain exercises, improve their cognition and perception, develop muscle strength, or learn to play a musical instrument — simply by imagining doing so. Using personal stories from the heart of this neuroplasticity revolution, Dr Doidge has written an immensely moving, inspiring book that will permanently alter the way we look at our brains, human nature, and human potential.

Breakthrough to Your Miracle

Examines the lives and accomplishments of thirty-two physicians from throughout history whose Christian faith has influenced their work.

Finding God in the Hard Times

ONE OF THE BEST BOOKS OF THE YEAR: TIME MAGAZINE * GLAMOUR * GOOD HOUSEKEEPING * BOOKPAGE * BOOK RIOT * LIBRARY JOURNAL "A gripping and beautiful book about the power of love in the face of unimaginable loss." --Cheryl Strayed
Two-year-old Greta Greene is sitting with her grandmother on a park bench on the Upper West Side of Manhattan when a brick crumbles from a windowsill overhead, falls, and strikes her unconscious. She is immediately rushed to the hospital. Jayson Greene's memoir begins with this event and with the anguish he and his wife, Stacy, confront in the wake of their daughter's trauma and the hours leading up to her death. But *Once More We Saw Stars* quickly becomes a narrative that is as much about hope and healing as it is about grief and loss. Jayson recognizes, even in the midst of his ordeal, that there will be a life for him beyond it--that if only he can continue moving forward, from one moment to the next, he will survive what seems unsurvivable. With raw honesty, deep emotion, and exquisite tenderness, Jayson Greene captures both the fragility of life and absoluteness of death, and most important of all, the unconquerable power of love. This is an unforgettable memoir of courage and transformation--and a book that will change the way you look at the world.

Angels on the Night Shift

The *Secret Lies Within* in an inside-out look at the trauma and pain so many people experience in this lifetime and how breaking the silence is the first step to freedom. Many people experience trauma or pain and keep it to themselves, letting it become a secret that holds them captive. They live with pain, blame, and shame, unsure of what to do or how to break free. The secrets grow, causing people to become increasingly silent while they hope and pray for better days, struggling to believe they will ever come. *The Secret Lies Within* is an honest, vulnerable, and courageous narrative about nearly losing everything, breaking the silence of secrets, and finding purpose in pain. Auntie Anne Beiler, founder of the international franchise Auntie Anne's pretzels, shares her journey through the loss of a child, sexual abuse, and the resulting trauma that haunted her for years, reminding readers they are not alone in their pain. Anne weaves brief stories of other brave individuals throughout her own and presents a picture of hope for those who have experienced trauma. Those with deep secrets of their own are encouraged to break their silence and are shown the power to overcome through confession and reach a whole new level of freedom.

Rewire Your Brain

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals

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of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read." --Review from a 4th year Medical Student

Morning Rounds

Presents a memoir by a neurosurgeon, describing the tools in the operating room, the tough ethical dilemmas confronting doctors, some of the author's most bizarre cases, trends in the field, and possible advances on the horizon.

Once More We Saw Stars

Throughout his ministry, Pastor Jason Noble has witnessed miracles. And he was there when John Smith--a young boy who had fallen through ice and been declared dead--walked out of the hospital two weeks after being surrounded by prayer. Why, he asks, don't believers see more wonders like this one? In this powerful companion to the major motion picture Breakthrough, with a foreword from DeVon Franklin, Noble - reveals the heart of miracles - explores inspiring biblical and present-day accounts - shows how God works in believers to invade the natural with the supernatural - provides principles and tools to help readers welcome the miraculous God longs to work wonders in your life. Let this book help you believe with boldness!

County

How to rewire your brain to improve virtually every aspect of your life-based on the latest research in neuroscience and psychology on neuroplasticity and evidence-based practices Not long ago, it was thought that the brain you were born with was the brain you would die with, and that the brain cells you had at birth were the most you would ever possess. Your brain was thought to be "hardwired" to function in predetermined ways. It turns out that's not true. Your brain is not hardwired, it's "softwired" by experience. This book shows you how you can rewire parts of the brain to feel more positive about your life, remain calm during stressful times, and improve your social relationships. Written by a leader in the field of Brain-Based Therapy, it teaches you how to activate the parts of your brain that have been underactivated and calm down those areas that have been hyperactivated so that you feel positive about your life and remain calm during stressful times. You will also learn to improve your memory, boost your mood, have better relationships, and get a good night sleep. Reveals how cutting-edge developments in neuroscience, and evidence-based practices can be used to improve your everyday life Other titles by Dr. Arden include: Brain-Based Therapy-Adult, Brain-Based Therapy-Child, Improving Your Memory For Dummies and Heal Your Anxiety Workbook Dr. Arden is a leader in integrating the new developments in

neuroscience with psychotherapy and Director of Training in Mental Health for Kaiser Permanente for the Northern California Region Explaining exciting new developments in neuroscience and their applications to daily living, Rewire Your Brain will guide you through the process of changing your brain so you can change your life and be free of self-imposed limitations.

Doctors who Followed Christ

"Powerful and life-altering encouragement for us all."--Louie Giglio In this inspiring book, Matt and Beth Redman draw on their experiences as well as those of others, exploring how to offer praise even in the face of hardship and pain. Focusing on the psalms, many of which were written out of struggle, they show how difficult or tragic circumstances--and our choices--can propel us toward God or away from him, build up our faith or break it. Learn how to ride out the storms of life with a cry of "blessed be your name" on your lips.

Confessions of an Ex-Feminist

Angels and Heroes

This book considers the contribution of white matter to cognition and emotion. Every chapter has been rewritten and two new ones added. White matter dementia is updated, and the concept of mild cognitive dysfunction proposed. A unifying theme is connectivity within neural networks by which the human mind is organized.

Jesus, M.D.

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relief from symptoms of autism, multiple sclerosis, Parkinson's disease, and cerebral palsy. And we learn how to vastly reduce the risk of dementia, with simple approaches anyone can use. For centuries it was believed that the brain's complexity prevented recovery from damage or disease. The Brain's Way of Healing shows that this very sophistication is the source of a unique kind of healing. As he did so lucidly in *The Brain That Changes Itself*, Doidge uses stories to present cutting-edge science with practical real-world applications, and principles that everyone can apply to improve their brain's performance and health. From the Trade Paperback edition.

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